

HOW OFTEN SHOULD ADULTS GO TO THE DENTIST



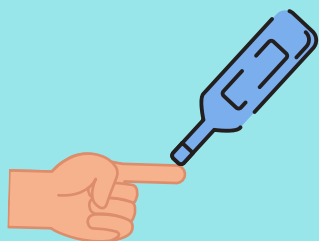
You're Pregnant

Pregnancy's fluctuating hormones can put more danger for creating gum sickness and holes.



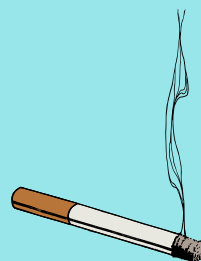
You're a Cancer Patient

Some cancer medications can dry out the mouth and put patients in more danger for oral health conditions.



You're Diabetic

Diabetes can add to gum and other oral medical conditions.



You're a Smoker

Using tobacco can cause gum disease and also make it harder to heal your body in dental procedures and oral surgery.



You're a Heart Patient

Oral health matters when it comes to preventing heart disease, as bacteria in the mouth can make its way into the heart. People with poor oral health have higher rates of cardiovascular problems compared to people with healthy mouths. Regular dental cleanings and check-ups may decrease your risk of developing heart disease.

If you have any of the above criteria, you should discuss with your dentist.

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